

Mobile Massage Shopping Guide



BY REBECCA BRUMFIELD

CART / TROLLEYS / STORAGE

Auto Trunk Organizer

Massage Table Cart Trolley

Master Massage Universal Case

32' Oversize Massage Table Carrying Case

Universal Case w/ Wheels

<u>Heavy Duty Rolling Collapsible Case</u>

EVEREST 5045WH Deluxe Wheeled Backpack

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Essential Oils Storage Case

<u>4-Tier Slim Storage Trolley</u>

<u>3-Tier Metal Rolling Cart</u>

16oz Plastic Squeeze Bottles

16oz Lotion Bottle w/ Pump

Water Repellant Duffle Bag

Collapsible Hampers

TABLES / CHAIRS / EQUIPMENT

Cooling Towels

Perfect Pockets Custom Holsters & Aprons

Ergonomic Saddle Stool

Portable 550lb Stool

Hot Towel Cabby

Tri-Fold Gymnastics Mat

Solutions Wooden Folding Stool

Orthopedic Knee Pillow

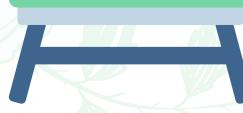
Neck & Shoulder Alignment Pillow

Earthlite Full Bolster

Earthlite Half Bolster

Portable Folding Table

<u>12-v Hot Logic Electric Warmer</u>



TREATMENT TOOLS

Percussion Massage Gun

<u>Synergy Stone (1)</u>

<u>Synergy Stone (2)</u>

Portable Hot Stone Warmer w/ 12 Stones

Portable Hot Stone Heater w/ 16 Stones

Thumbsaver Trigger Point Tool



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<u>Fascia Blaster</u>

Myofascial Release Tool

<u>Octopus Scalp Massager</u>

<u>Cherry Pit Heat Pillow</u>

Roleo Arm & Hand Massager

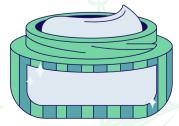
OILS / PRODUCTS

<u>Essential Oils & Home</u> (use code BODYWORKERS for a free \$30 gift card AND \$30 off!)

Luxury, Organic Spa Products by Lunasea Botanicals

Self-Heating Eye Masks

Grapefruit Bergamot Sugar Scrub



EcoFin Paraffin Alternative

Gold Collagen Eye Masks

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Tea Tree Oil Foot Spray

<u>Chamomile Body Oil</u>

Tea Tree Oil Foot Repair Balm

<u>Relieve Arnica Oil</u>

Nutiva Refined Coconut Oil

Hawaiian Enzyme Towelettes



Underarm Deodorant Wipes

TECHY STUFF

12hr Playtime Portable Bluetooth Speaker

15hr Playtime Portable Wireless Speaker

12v 10amp Battery Charging Bank

25800 mAh 2-port Portable Battery Bank

32000 mAh 3-port Battery Bank

CLEANING / SANITIZING

Essential Oils Hand Wipes

32oz EO Sanitzing Gel

Cavacide Germacidal Wipes

200 pcs Soap Paper

Disinfectant Cleaner

Botanical Disinfectant Cleaner

DECORATION

12-pack LED Fairy Lights

30 LED 10ft Amethyst String Light





VEHICLE STUFF

Steering Wheel Eating Tray

Car Trash Can

Car Emergency First Aid Kit



299pc First Aid Kit

Escape Tool & Seatbelt Cutter

Diagnostic Scan & OBD Code Scanner

Portable Car Battery Jump Starter

LINENS / DISPOSABLES

Luxury Spa Linens & Apparel

<u>Laundry Bags</u>

Disposable Face Cradle Covers

100 Ultra Luxurious Face Cradle Drapes

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25 Disposable Waterproof Sheets

Massage Chair Covers

<u>12-pack Hand Towels</u>

Massage Sheets

CUPPING THERAPY

Silicone & Vacuum Cups

Facial Cupping

Lure Edge Set

TIP: Get large boxes or organic tea bags for super cheap at stores like TJ Maxx, Marshall's Whole Foods, etc to use for making spa gift baggies. You can also add items like product samples, loofahs, eye masks, chocolates, etc.... The possibilities are endless!

About the Authors



Rebecca Brumfield is a spa owner, Queen of Cupping Therapy, Massage Magazine Author, Bodywork Mentor, Industry Educator, Anti-Human Trafficking Advocate, Spa & Wellness Concierge, 2021 Massage Therapy Hall of Fame Inductee, Aquarius, & Taco Lover.

Rebecca currently resides in Baton Rouge, Louisiana, but her love of traveling and mentoring women in the health & wellness industry allows her to help other women grow their business. She has a deep passion for Mother Earth and spending time out in nature hiking and camping with her rescue dog. Her current project is self-converting a tiny school bus into her very own "spa mobile" which will allow her to take her bodywork skills on-the-go!

Rebecca is the founder of Badass Bodyworkers, a supportive online community of encouraging, badass go-getters and goal-diggers who help each other overcome their fears and blocs, attract their ideal clients, and set boundaries needed in order to grow a thriving, profitable business that allows women to rock their wellness business without stress and burnout.



Mariah Dietrich is a mobile massage therapist who successfully built an "on-the-go" practice in her community. Early on in her massage career, she chose to leave the franchise set-up and become an entrepreneur so she could keep doing what she loves but not feel owned by a corporation. Now she is a business consultant for mobile massage therapists and shares her tips, resources, and methods on what she's done to grow her mobile massage business.

As a mobile massage therapist, Mariah quickly learned how to properly identify her niche, find referral partners, and create a consistent and loyal clientele. She provides her clients with solutions and resources that she's created to get them paid what they're worth, stay safe on the road, and work with their ideal clients.

Follow Mariah on her group Navigate Mobile Massage for tips, resources, openings for her upcoming course, and ways to connect with her so she can help you grow a thriving mobile practice!